

Ian and Pia`s Favourites

Where to eat???

Restaurants and cafes very close to our B&B

Amelio's 201 Milton, 845-8396
Homey atmosphere...Great pastas, yummy pizzas...No Credit cards, cash only! BYOB

Café Lola Rosa 545 Milton, 287-9337
Delicious vegetarian Mexican-inspired dishes.

Boccacinos 3575 avenue du Parc, 288-4337
Breakfast was especially inexpensive and very good - dinner was good but not exceptional... Good deserts and coffees.
Service-morning is definitely quicker than evening.

Coaster's Grill & Bar 3575 Parc Ave, 843-3825
Dinner on the patio was nice atmosphere and grilled specialties, fun cocktails...

Chez Cora 3465 Parc, 849-4932
Nice breakfast with lots of fruit on the side.

Isakaya 3469 Avenue du Parc, 845-8226
Japanese food. Great sushis.

Focaccia di Carpaccio 2075 University St, 284-1115
Classy sandwiches, pizza, pasta.

As a general rule, if you can't decide on a restaurant, you can just walk along one of the following streets and pick from many different styles of restaurants. Here is a sample:

St-Laurent Blvd. (also referred to as "the Main")
The restaurants are fancier between Sherbrooke and Prince Arthur, more casual as you walk north.

Schwartz's Hebrew Delicatessen 3895 St.Laurent, 842-4813
Schwartz's is a historic Montreal emblem, and if you're there at the right (or wrong) time you'll see the line-up flowing out onto the street, proving it must be worth the wait. Shchwartz's has been in the same location for over 75 years and boasts maintaining old tradition. Schwartz's marinates their meat in herbs and

spices for 10 days, and smokes the meat daily. There is a sit down menu, with sandwiches for under \$5.00 and plates/combos ranging from \$5-\$15. There is also a take out menu, so you can buy your own smoked meat to bring home. It is located on St. Laurent street, a couple blocks North of Pine, about a 15-20 minute walk from us. The wait will depend on the time you're eating.

Copacabana 3910 St. Laurent St

This place is interesting. Our manager Scott likes the atmosphere, but then, he has just finished an undergrad and spent a decent amount of time `studying` in this place. It's basically a small tavern, with a bar, about a dozen tables, and a pool table. The catch – it has the "Scratch Kitchen," a kitchen which young chefs can rent out to practice and put their culinary skills to the test. It specializes in Indian food and has both vegetarian and meat-eater options. While the menu tends to be small, the food is great, and under \$15.00. I've eaten here and really enjoyed it, and then decided to stay for a pitcher and a game of pool. It's a great spot on St. Laurent and a good way to start off an adventure exploring Montreal's night life.

Patati Patata 4177 St-Laurent, 844-0261

Small place with a colorful atmosphere with potato specials. Hamburger is delicious too.

Sofia 3600 St-Laurent, 284-0092

Trendy italian-american bistro style.

Maestro S.V.P. 3615 boul. St Laurent, 842-6447

Seafood bistro.

Prince-Arthur St. East

If you take a left on Prince Arthur and continue just past St. Laurent, the street becomes pedestrians only east of St-Laurent. There are lots of big terraces outside where you can eat, some of the places have 2 for 1 deals, and a lot of restaurants are BYOW (Bring your own wine) – there is a SAQ (Québec's liquor store) on the corner of de Buillon street. Greek, Fondue, French, Mexican, Vietnamese, Portuguese, you name it, it's there. These places vary in price, but normally have their menus displayed outside the restaurant so you can take a look.

Los Altos 124 Prince Arthur, 848-0249

Mexican casual.

Mazurka 64 Prince Arthur E. 844 3539

Polish food. Homemade soups. Best deal!

La Cabane Grecque 102 Prince-Arthur, 849-0122

Family run Greek restaurant. BYOW

La Fondue 70 Prince-Arthur, 845-0183
Different fondue types. Small and cosy.

Duluth st.

This street is located a few blocks north of Prince Arthur, but is still walkable distance. This area is sort of like Prince Arthur street, except that it is open to vehicles and the restaurants are spread out more down the street. Where Prince Arthur has all the restaurants between St. Laurent and Laval, Duluth has restaurants from St. Laurent to Parc LaFontaine, (after St. Denis). One of our favorite ones there is Eduardo's, a small Italian place just after St. Denis with really affordable food. Like many of the restaurants on Duluth it is a Bring your own wine place. The wait can be pretty long sometimes, about a half hour, but worthwhile.

Le Piton de la Fournaise 835 Duluth, 526-3936
Ile de la Reunion cuisine. BYOW

Eduardo 404 Duluth E, 843-3330
Italian. BYOW

St-Denis

This street is a few blocks east of St-Laurent. It is definitely more French and less touristy with lots of little restaurants with terraces.

L'Express 3927 Saint-Denis, 845-5333
French bistro cooking. Make reservations.

Fondumentale 4326 Saint-Denis, 499-1446
Fondue!

Juliette & Chocolat 1615 St. Denis, 287 3555 (A must try for chocolate lovers!)
Warm atmosphere, delicious creperie and chocolats!!!! One of Pia`s favourite in town ☺ Must try grandma style hot chocolate.

L'Académie 4051 St-Denis, 849-2249
French cuisine, very popular for its mussels \$ fries. Be ready to wait in line if you do not make reservations (call before 6pm). BYOW

Rachel St. (Latin Quarter)

The latin quarter and surroundings are neighbourhoods with a lot of cafés, bars, restaurants and theaters. They could be described as trendy, bohemian, grungy,

etc... and all those adjectives would be correct. The reason that these neighbourhoods are grouped together, although they are four distinct neighbourhood with their own personalities, is that they are close to each other (the latin quarter itself being in the center) and they all have a strong nightlife and an interesting selection of restaurants.

La Banquise 994 Rachel E. (at Parc Lafontaine) 525 2415 (A must try!)

This is a poutine place open 24 hours, which serves about 20 different types of poutine. If you don't know what poutine is, it may be best to stay away, because this dish is dangerous. A greasy spoon, but delicious! La Banquise is a pretty long walk, past St. Denis on Rachel street, but it is near one of Montreal's nicest parks, Parc LaFontaine. The park has a fake lake with public ice skating during the winter, where you can rent skates for about \$5.00. The prices at Banquise are somewhere around 8 bucks, maybe more for meatier, stacked poutines.

Romados 115 Rachel E. (corner de Boullion) (A must try!)

Portugese style grilled chicken must be a best kept secret in the world. Just writing about it is making me hungry again...Romados is actually a Portugese bakery with a sophisticated charcoal grill that serves Portugese chicken with a delicious spicy sauce. Seating arrangement is very crude and basic. There is usually a long line up too but take our word it is worth it! It is about 20 minutes walking distance from our B&B but we think that walking is the best way to burn our calories that you will be gaining by `devouring` irresistably tasty portugese chicken☺ Half-chicken with salad and fries about \$7. (A tip: If you go as couple make sure that one of you gets a table while the other one is waiting in line)

L'Anecdote 801 Rachel E., 526-7967

Great fast food, awesome burgers and salads. Worth the trip.

Old Montreal

It is where the city was born, in fact it's the starting point of many things. Very few of the early buildings (mid 1600) remain, many fires have swept through old Montreal in the early days, but there's still a lot of buildings from different eras. There are many interesting things to do, mostly visiting museums and historical buildings, walking around and taking in the sights (and eating...). Many family activities take place in the old port : special exhibitions, biking, rollerblading, etc

Gibbys Restaurant Old Montreal – 298 Place d'Youville 282-1837

A little expensive but food is excellent (C'est delicious)

Stash Café 200 St Paul
Great inexpensive lunch at excellent polish food -wonderful pierogies - small
very nice atmosphere...

Other

Café Santropol 3990 St-Urbain, 842-3110

It Santropol's atmosphere is a kind of hipster, trendy place, definitely interesting. Although it does have delicious coffee and teas, Santropol is more known for its sandwiches. The sandwiches are enormous, and original, with choices like mint-apple, or three-cheese/beef, and other combinations which may not seem to make sense, but will surprise you. The best thing about the restaurant is the terrace. The enclosed outdoor terrace is surrounded by a garden with a fish pond.

Beauty 93 Mt Royal West 849 8883

60`s American fast food. Delicious waffles...Very popular with its breakfasts and brunchs. You can see the line up outside on Sunday mornings.

Moe's Deli & Bar 1050 de la Montagne St, Montreal, QB

One of Montreal`s oldest diners. A casual atmosphere with nice grilled cheese sandwich and hamburgers. Very close to AMC Theatres. Have your dinner and enjoy the movie at AMC!

V.I.P 1077 Rue Clark 861 1943

Best chinese (Cantonnaise) in town at the heart of chinatown ☺

Cobalt Café & Resto 312 Rue St. Paul 842 2960

Cozy atmosphere in Old Montreal, live jazz on Wednesday, Saturday and Sunday brunch...Try their special paninis, nice salads.

Jardin Nelson 407 Place Jacques-Cartier, 861-5731

Located in the old port in a courtyard filled with trees and flowers. Scott just found out about this restaurant this summer and has since been back there a few times. It's right on Place Jaques-Cartier, so if you're exploring the old port it's a perfect place to stop for dinner. It is especially worth checking out in the summer season because of its outdoor terrace with live jazz/classical music. You may have to wait in line for a table, but the lines move fast, generally a 15 minute wait. It has pizzas, salads, crepes, sandwiches, soups, and pastas for affordable prices, \$10.00 - \$20.00. Before eating here he thought crepes were only a breakfast treat, but then he had the pesto chicken crepe and loved it. He can't wait to go back and try some more. They also have a large drink menu with imported beer and a long wine list.

Eggspectations 2313 Ste-Catherine West, 228-5210

One of our favourite breakfast and brunch places in Montreal. Eggs , grilled potatoes, baked beans, a choice of ham, sausage or bacon, toasts and coffee. They also serve fresh grapes and a slice of cantaloupe on the plate. A little bit expensive (\$9-\$12) for eggs, but they make it like seafood platter...

Dusty's 4510 du Parc, 276-8525

Good breakfast special for under \$6.00. There's nothing too special or showy about their breakfasts, except if you get the pancakes or waffles with fruit, because they really load you up with fruit. Another bonus is if you get a breakfast special, you can ask to have a bagel instead of toast. Dusty's is north on Parc street, on the left side just after Mont Royal st.. You can eat outside at Dusty's as well.

Arahova 256 St-Viateur W., 274-7828

Best Souvlaki in town.

Crescent Street

This street is a favorite for tourists, especially young Americans. At night it is a major club scene, with lots of dancing places with cover charges and dress code, but it also has many good restaurants. There are some that have nice outdoor terraces. One I've gone back to a few times is Weinstein and Gavino's. It is an Italian restaurant and has a huge menu and great atmosphere. There are also classic restaurants such as Hard Rock Café and Dundees. There are also some fast food places mixed in here such as Subway, Amir (one of the best Lebanese food places in town), and Burger King.

99 Cent Pizza

One thing that always excites Montreal visitors is the 99 cent pizza places all over the city. This is pretty good junk food to eat after the bars close, but can also be a pretty substantial dinner for people who are seriously budgeting on their trip. One thing that might confuse or upset people, is that the only types of slices that are actually 99 cents are the plain cheese, and at night there are rarely any plain slices left. Everything else is about \$2 a slice, which is still worth it cause they're large slices and, depending where you go, can be fully loaded.

And a final word of advice (from experience): think twice before going out to stuff yourself with those smoke meat sandwiches at 4 am...(or if you are going to do it ask for a `lean cut`)

Bon Appétit ☺